

Experienced Care, Delivered with Love

FOR IMMEDIATE RELEASE

January 28, 2009

For more information contact: Linda Steir

Executive Director/Owner

603-329-4401 fax 603-329-4460

Email: lsteir@SarahCare.com

SarahCare Becomes a Veterans Administration Approved Adult Day Care

Hampstead, NH: Attention veterans' families - Veterans Administration approved adult day care services are now available for eligible veterans at SarahCare.

Executive Director Linda Steir said, "We are honored that our program of day services to veterans who have so bravely served our country has been approved by the Veterans Administration Medical Center of Manchester, NH. Eligible veterans, approved for adult day care services by a Veterans Administration hospital or clinic doctor, will receive SarahCare services at no cost to the family. SarahCare provides a warm, nurturing environment for the veterans already enrolled in our program, while providing them with individualized nursing services as needed."

SarahCare invites interested families with qualifying veterans to visit at SarahCare for a free half day with luncheon included. This will enable the veteran and their family to view the services first hand and understand why participants keep coming back.

The daughter of a veteran who spends five days a week at SarahCare said, "SarahCare is a wonderfully warm and safe environment for my father and he thoroughly enjoys going there. I absolutely love the place."

In addition to adult day services, SarahCare sponsors a CareGivers Support Group at SarahCare the third Thursday of the month from 4:30 p.m. to 6:00. Professional speakers will present ways to more efficiently and effectively provide care while reducing stress.

To learn more about SarahCare contact Linda Steir at <u>Isteir@SarahCare.com</u>, call her at 603-329-4401, or visit the Web site www.sarahcarehampstead.com. SarahCare is located at Hampstead Commons, 201 Rt. 111, Hampstead, NH 03841.